Dear Parents/Guardians, Students and Friends,

The first of June each year marks the Global Day of Parents as proclaimed by the United Nations in 2012. This day provides an opportunity for us to appreciate all the parents in the world for their selfless commitment to children and their lifelong sacrifices towards nurturing this relationship.

As a parent of three small children, I am beginning to appreciate the effort, time and patience required to raise children. This also made me reflect on what we can be doing as parents and guardians to help support the lifelong learning of our children.

One approach that is gaining momentum is the idea of the ‘growth mindset’. This suggests that our abilities are not fixed and, through hard work, resilience and effort (not just how smart we are or what our ‘natural talent’ is), we can make gains across all aspects of life, including our learning. This suggests that our intelligence is not fixed and can be improved over time through hard work and effort.

There are several ways that we can move towards a growth mindset. Firstly, as parents/guardians we can role-model the attitude towards trying new or challenging activities, accepting mistakes and finding ways to improve in any aspect of our lives. We can talk to our children about failure and about times in our own lives when we have learnt from mistakes. Instead of asking our children whether they received a high score on an assessment task, we could ask “How did you improve from last time” or if our children did not perform as well as they wanted to, we could ask “What could you do differently next time?” or “Which bits of the task did you find challenging?”.

Other ways to promote the growth mindset include
- to praise effort and improvement rather than just the end result or being ‘smart’,
- to praise persistence by keeping at something even though it is difficult,
- to praise seeking challenges, encourage taking learning risks and to and learning from making mistakes.

Michael Jordan, one of the greatest basketball players in history, displayed the growth mindset with quotations such as these:

- "I can accept failure: everyone fails at something. But I can’t accept not trying."
- "I've always believed that if you put in the work, the results will come."
- "I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game-winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed."
- "My attitude is that if you push me towards something that you think is a weakness, then I will turn that perceived weakness into a strength."
- "If you're trying to achieve, there will be roadblocks. I've had them: everybody has had them. But obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."

So with all this in mind, are there any changes we can all make to help our children to challenge themselves to continually improve?
In news around the College, last week was Catholic Education Week where we had the chance to celebrate with our primary school colleagues the wonderful education that we provide in the Catholic education system. Last week we also celebrated various skills in the College through the Performing Arts Concert at COPACC and the Trinity Oratory Competition. We also welcomed Year 6 students and their parents/guardians from the district for the Year 7 (2017) enrolment interviews. This was a wonderful opportunity to find out a bit more about the potential students coming to our College next year and how we can best support their learning.

National Reconciliation Week 27 May to 3 June
The theme for NRW 2016 is Our History, Our Story, Our Future, a theme derived from the State of Reconciliation in Australia report, which asks all Australians to reflect on our national identity, and the place of Aboriginal and Torres Strait Islander histories, cultures and rights in our nation’s story. I refer you to the following resources at http://www.reconciliation.org.au/nrw/ and encourage you to explore the theme in this week of National Reconciliation.

A reminder that next week we have a student-free Day on Tuesday, 7th June. On the same day, the Year 12 students and many Year 11 students will be undertaking the GAT exam as a part of their VCE studies. Unit 1 exams will also start for Year 11s (and some Year 10 students) next week after the GAT.

Love Learning!
Mr Luke Featherston
Director of Learning

ADMINISTRATION

DENTAL HEALTH VISITS 14TH UNTIL 17TH JUNE
Staff from the Colac Area Health dental clinic will be visiting the school from Tuesday, 14th June until Friday, 17th June. They will be offering free dental screenings and surveys on oral health behaviour for students in Years 7 – 10. Parents will be notified if their child requires further dental treatment after the screening. Consent forms have been distributed to students last week and must be returned to Student Reception before Monday, 6th June.

Mr Brad Smith
Director of Students

CURRICULUM NEWS

ORATORY COMPETITION
Wednesday night saw the best of our young orators performing in style in the Trinity College Annual Oratory Competition. They were a credit to the hard work of their English teachers, and earned the admiration of their families and support teams who were present to applaud their success.

Junior Winner – Adam McCarney: ‘And the winner is…’
Intermediate Winner – Pearl Congram: ‘Sugarfree kids’
Senior Winner – Michael Bell: ‘Asylum seekers’

Special mention was made by the judges of the excellent speeches made by our Encouragement Award Winners:
Lauren Markham: ‘And the winner is...’
Belle Brylow: ‘What we think we are’
Connor Knight: ‘People Power’
Zeb Marwood: ‘Thank you for not drinking’
Nena Washington: ‘Free Speech’
Scott McCarney: ‘Essendon Doping Saga’

Year level winners also performing on the night were Mikaela Vuzem, Vivienne Ditty and Ella Egberts.

Congratulations go to all participants for providing a wonderful evening’s entertainment: their preparation and skill were clearly evident. The quality of all the evening’s performances was outstanding and remarked upon by our adjudicators Mr Bernie Gartland and Mrs Cheryl Creighton. We thank them for their astute skills and for the time and energy given.

Ms Libby Ryan
Domain Head: English
**LIBRARY NEWS**

**RANDOM ACTS OF READING BOOK CLUB**

*Random Acts of Reading* continues to meet fortnightly in the library after school. The girls in the book club thought they would share some reviews of the books that they have read. All the books in this review are currently in the library, so head over there to borrow a book!

*Unearthly*
Author - Cynthia Hand
*Unearthly* is an amazing book. I highly recommend it to all who like fantasy books. It has a heart-gripping storyline and I struggled to put it down. *Unearthly* contains romance, fantasy and action. 5 stars
Jorja Spalding 8B

*Far Far Away*
Author – Tom McNeal
*Far Far Away* is an exciting book for all ages to enjoy. It is action-packed, with plenty of fun. There is an amazing storyline which is completely original. I recommend this book to anyone who likes mystery and action. I rate this book 4 ½ stars.
Olivia Connoley 8B

*Rowan of Rin*
Author – Emily Rodda
*Rowan of Rin* is a great adventure book written by the wonderful Emily Rodda, the one who wrote Deltona Quest. The plot is full of wonderful and mysterious characters as well as an adventure like no other, with dangers along the way. It also has a lot of character development. The only problem with this book is that it was too short. 5 stars
Margaret Borsos 8C

Book Club is an awesome place to be where we can talk with each other about our favourite books. It’s a great place to hang out with everyone and talk about our opinions and to recommend different books. Everyone gets along and we have a great time. 5 stars
Cailyn Heinze 8B

**SPORTS NEWS**

**JIMMY BARTEL VISITS**

Last week we were fortunate to have Jimmy Bartel from the Geelong Cats talk to our year 7's about a range of things such as displaying leadership, healthy eating, training and life after football. In addition to this Jimmy talked about his beard and hair growing at the moment to raise awareness for domestic violence which is a cause very close to his heart. Students loved hearing such a respected and great player of Geelong speak to honestly. It is great for the Geelong Football Club and AFL Barwon to link with Trinity College and allow these visits to occur.

**SSV STATE GOLF TITLES (SENIOR)**

Last week Georgia Fish travelled to Churchill Park Golf Club to compete in the Senior State Golf Titles for School Sport Victoria. Georgia had qualified for the state titles through the preliminary rounds held in Colac earlier in the year, which is a great achievement in itself. Georgia finished in 11th place in the state in the Year 10, 11 and 12 division and although she was disappointed with her score, the school is very proud of her result and we look forward to what Georgia can do in the next 2 years in this division. Well done!!
SENIOR FOOTBALL
Round 2 AFL Herald Sun Shield
For the second round of the AFL Victoria Country Herald Sun Country Shield, Trinity College travelled to Warrnambool to challenge Warrnambool’s Emmanuel College for a chance to win the region.

It was a cold and windy day at Friendlies Oval and luckily we won the toss and kicked to the end with a 2-goal advantage. Dominating the first quarter, our midfield including Lachy Theodore, Leigh Gorwell and Fraser O’Gorman who cleared every centre bounce giving our forwards first opportunity. Clay Mulgrew and Tom Cahill were lively, scoring one goal each, while Eamon Spence also kicked a goal to make the quarter time scores 3.4 (22) to 0.0 (0).

The rain set in for the rest of the match and our boys fought hard against the bigger-bodied opposition to come away with a convincing win against high quality opposition.

SCORES:
TCC: 3.4 5.4 6.6 7.8 (50)
Emmanuel College: 0.0 3.1 3.2 4.5 (29)
Mr Ryan Geary
Coach

YEAR 9 FOOTBALL
On Tuesday 24th May a group of year 9 students headed to central reserve to take on CSC in the first round of the Hampden Cup.
The conditions were immaculate and the boys were very confident going into the match. This confidence was justified as from the very first bounce the boys were able to get on top of the opposition and maintain their high standard for the duration of the game to run out comfortable winners. The boys will now take on schools from Warrnambool and Cobden in the next stage. A big thankyou to the year 10 boys and Mr Barnett for helping to facilitate the game.

SCORES:
Trinity- 21-11-137 defeated CSC 0-2-2
Goals: N. Broomfield 5, C. Grist 3, Z. Brett 3, D. Demasi 2, S. Parker 2, C. Jenkins 1, A. McNamara 1, Z. Shea 1, G. Bethune 1, R. Lemke 1, J. Richardson 1.
Best: N. Broomfield, D. Demasi, C. Grist, O. McGuane, O. Barrow, W. Mulgrew
Mr Sean Trevaskis
Coach

“THAT’S IT! I GIVE UP!”

- How many times do I have to stick my head out of my bedroom door and yell “QUIET!”?
- How many times do I have to march into the lounge room and turn down the volume on the radio – only to have to turn it down again 10 minutes later – AGAIN and AGAIN?
- How much longer can I block out the “bounce... bounce... bounce... WOP!!” sound of my brother shooting hoops in the backyard with his mates, or the sound of my sisters fighting over whose turn it is to do the dishes tonight?

MAYBE it really would be easier if I went to the library after school?
Mmmmmm . . . . . . .
OPEN EACH AFTERNOON, EXCEPT FRIDAYS, UNTIL 5.05PM.
YEAR 10 WORK EXPERIENCE PROGRAM
Reminder to all Year 10 students that they should now be finalising their Work Experience placements. Please hand completed blue Work Experience Agreement Forms to Reception. Students who require assistance must make an appointment with me.
Mrs Julie Demasi
Careers Officer

TRINITY SPIRIT AWARDS
We congratulate the following student on recently exemplifying Trinity Spirit consistent with the Trinity College Core Value of Community:

Jesse Lucas, 10D
McAuley

Joe Loubey, 10F
Gleeson

These students have volunteered their time to umpire a football match at Trinity College. They stood up and offered to umpire when the appointed umpires were not available. They showed a great willingness to serve the Trinity College Community and their sense of Community by volunteering their own time and foregoing the opportunity to play to ensure the match took place.

EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thursday, 2nd June</td>
<td>VCE Music Performance, Red Rock Theatre</td>
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<tr>
<td>Monday, 6th June</td>
<td>SSV GW Cross Country</td>
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<td>Tuesday, 7th June</td>
<td>STUDENT FREE DAY</td>
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<td></td>
<td>Report Writing Day</td>
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<td></td>
<td>GAT – Unit 3 &amp; 4 Students</td>
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<td>Wednesday, 8th June</td>
<td>Unit 1 Exams</td>
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<td></td>
<td>P &amp; F Meeting, 7.30pm</td>
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<td>Thursday, 9th June</td>
<td>Coastal Year 7/8 Football &amp; Netball</td>
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<td></td>
<td>Unit 1 Exams</td>
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<td>Year 10 Exams</td>
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<tr>
<td>Friday, 10th June</td>
<td>Semester 1 Concludes</td>
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<td></td>
<td>Unit 1 Exams</td>
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<tr>
<td></td>
<td>Year 10 Exams</td>
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<tr>
<td>Monday, 13th June</td>
<td>QUEENS BIRTHDAY PUBLIC HOLIDAY</td>
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SKI TRIP
Reminder to families that the final instalment of $450 for the 2016 Ski Trip was due on Friday, 27th May 2016. Please make payment to School Reception.
P & F CAR RAFFLE – STREET SELLING
ROSTER

Street selling commences this week. Help is still required, as there are still some spots vacant (see highlighted times below). If you can assist, please call Jenny Weller on 0458 149 261.

<table>
<thead>
<tr>
<th>Time</th>
<th>Wed 1st June @Blanes</th>
<th>Thurs 2nd June @Woolworths</th>
<th>Fri 3rd June @Blanes</th>
<th>Sat 4th June @Woolworths</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00 – 10.30</td>
<td>Vicki Brown</td>
<td>Jenny Fish</td>
<td>9.30 – 11.00</td>
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<tr>
<td>10.30 – 12.00</td>
<td>Danila Kavenagh</td>
<td>Kerrie Roache</td>
<td>Leanne Mayer</td>
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<tr>
<td>12.00 - 1.30</td>
<td>Dora Griffiths</td>
<td>Anne Ditty</td>
<td>11.00 – 12.30</td>
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<tr>
<td>1.30 - 3.00</td>
<td>Stephanie Thompson</td>
<td>Karen Copeland</td>
<td>Leanne Mayer</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Wed 8th June @Blanes</th>
<th>Thurs 9th June @Woolworths</th>
<th>Fri 10th June @Blanes</th>
<th>Sat 11th June @Woolworths</th>
</tr>
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<tbody>
<tr>
<td>9.00 – 10.30</td>
<td>Danila Kavenagh</td>
<td>Denise Prascevic</td>
<td>9.30 – 11.00</td>
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<tr>
<td>10.30 – 12.00</td>
<td>Gab Murphy</td>
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<td>Linda Morgan-Davis</td>
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<tr>
<td>12.00 - 1.30</td>
<td>Raelene Lunn</td>
<td>Mandy Meesen</td>
<td>Anne Ditty</td>
<td>11.00 – 12.30</td>
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<tr>
<td>1.30 - 3.00</td>
<td>Stephanie Thompson</td>
<td>Lisa McMahon</td>
<td>Jill O’Dowd</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>Tues 14th June @Woolworths</th>
<th>Wed 15th June @Blanes</th>
<th>Wed 15th June @Woolworths</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00 – 10.30</td>
<td>Madeleine McCarney</td>
<td>Julie Ponton</td>
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<tr>
<td>10.30 – 12.00</td>
<td></td>
<td>Trish Mulheron</td>
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</tr>
<tr>
<td>12.00 - 1.30</td>
<td>Shellie Harty</td>
<td>Raelene Lunn</td>
<td>Susan O’Brien</td>
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<tr>
<td>1.30 - 3.00</td>
<td>Stephanie Thompson</td>
<td>Trish Inglis</td>
<td>Leanne Mayer</td>
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<tr>
<td>3.00 - 4.30</td>
<td></td>
<td>Louise Loubey</td>
<td>Julie Demasi</td>
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<tr>
<td>4.30 - 6.00</td>
<td>Leanne Mayer</td>
<td>Sandra Ennor</td>
<td>Gerard McKenzie</td>
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TRIVIA NIGHT and RAFFLE DRAW –Wednesday 15th June, 7.30pm
Table bookings for the Trivia Night can now be made at Reception. Tickets are $15 per person, discounted to $10 if booked and paid in advance. Six people per table. Why not organise a table and come along for a fun night. Car Raffle draw will take place at 9.00pm.

Mrs Julie Demasi
P & F President
**Weekly Career News**

Term 2, Tuesday 31 May 2016

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### VOCATIONAL & HIGHER EDUCATION NEWS

**Interested in Veterinary Nursing?** This is a fantastic occupation for those who are passionate about working with animals. Veterinary Nurses assist Veterinarians in all aspect of animal patient care, including surgical procedures, laboratory testing, medical treatment, and consultations.

To become a qualified Veterinary Nurse, you usually have to study the Certificate IV in Veterinary Nursing whilst undertaking paid employment in a Vet clinic. This can be completed through a traineeship or online study. Once qualified, you can undertake further study to specialise in dental, surgical or emergency and critical care. For information on this occupation, go to [http://bit.ly/10XBCGx](http://bit.ly/10XBCGx)

You may also consider studying a paraprofessional qualification at the university level:

- **Associate Degree in Veterinary Nursing, Melbourne Polytechnic:** This is the first paraprofessional veterinary nursing qualification of its type in Australia, [http://bit.ly/1jdNWUJ](http://bit.ly/1jdNWUJ)

- **Bachelor of Veterinary Technology, Charles Sturt University:** This course will take three years to complete and can be undertaken at the Wagga Wagga campus or online, [http://bit.ly/1BCctW4](http://bit.ly/1BCctW4)

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**Interested in hotel management and tourism?** The Hotel School Melbourne in partnership with InterContinental Melbourne The Rialto is offering the 50 Year 12 students the opportunity to go behind the scenes of this 5 star luxury hotel for a day. By attending the InterContinental Insights Day, you will also be eligible to apply for a $40 000 scholarship to study at The Hotel School Melbourne in 2017. Applications will be accepted in the order received. For information and to apply, go to [http://bit.ly/1sGECy6](http://bit.ly/1sGECy6)

**Nuclear Medicine Scholarships at RMIT.** If you are considering applying for the Bachelor of Applied Science (Medical Radiations) at RMIT for the 2017 intake, you may be eligible to apply for the Victorian Department of Health and Human Services Nuclear Medicine Scholarship, which is worth $10 000 over three years. Applications will open later this year. For information, go to [http://bit.ly/1DXIYe9](http://bit.ly/1DXIYe9)

**Interested in plumbing?** If you are completing school at the end of the year and are interested in pursuing a career in plumbing, you may be interested in undertaking a pre-apprenticeship in plumbing at the Plumbing Industry Climate Action Centre (PICAC) at Brunswick. This is a world-class training facility and tuition fee concessions may be available for eligible students. For more information, go to [http://www.picac.com.au/](http://www.picac.com.au/)

**Medical Laboratory Visits: RMIT in collaboration with medical diagnostic and research laboratories is giving year 10, 11 and 12 students the chance to visit medical laboratories across Melbourne and regional Victoria. Students who are interested in the role of a Medical Scientist during the investigation, diagnosis and treatment of diseases are encouraged to attend. This free tour will give you a chance to find out what really happens behind the scenes. The visits will run between 4-8 July.** For more information and to register, go to [http://bit.ly/1RtzwJi](http://bit.ly/1RtzwJi)

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**Interested in becoming a pilot, firefighter, or paramedic etc.?** The Pilot Aptitude Training Systems (PATS) website explains the process for Year 12 completors to apply for these different courses and occupations. It also explains the process for applying to the Australian Defence Force Academy (ADFA). To view the site, go to [www.pilotaptitude.com](http://www.pilotaptitude.com)
Science news: Be inspired by the latest stories featured on RIAUS – Australia’s Science Channel. Some of the topics covered this week include:

- Ancient Neanderthals say ‘oui’ to rocky building structures.
- Move over apps, hello Chatbot.
- What can micrometeorites tell us about Earth’s early atmosphere?
- Win a Lenovo Thinkpad Yoga 11E just by reading the Ultimate Science Guide!

Access the stories at this link - http://bit.ly/22R83a

Interested in visual arts? Graduates from the Australian Catholic University (ACU) Bachelor of Visual Arts and Design course will be showcasing their works at the BVAD Exhibition between 17 June – 2 July 2016 at the ACU Melbourne Gallery. The exhibition will give you an overview of the quality of work produced by ACU graduates. For information, go to http://bit.ly/1UdLhtS

Passionate about health and wellbeing? Victoria University health clinics are open to the public. Victoria University students under supervision from qualified teaching staff provide treatments at the following clinics:

- Clinical Exercise and Rehabilitation
- Dental Clinic
- Massage Clinic
- Nutrition Clinic
- Osteopathy Clinic
- Psychology Clinic.

For information on services, costs, and locations and to book an appointment, go to http://bit.ly/1UdLsWq

Boating Careers Day: The Boating Industry Association of Victoria (BIAV) invites you to the Careers Day at the 2016 Melbourne Boat Show. The day will be held on Monday, June 20, 2016 at the Melbourne Convention & Exhibition Centre. For more information and to register your attendance, contact Arlens Adonis-Hawksins at arlens@blavic.com.au no later than Monday, June 7, 2016.

Compare important data between education institutions: Choosing the education institution that is right for you is crucial. Not only will it increase your chances of completing your course, it makes good economic sense to thoroughly research your options.

The Quality Indicators of Teaching and Learning (QILT) website enables students and families to compare data between universities, private providers and TAFE institutes in course areas they are interested in taken from current students and recent graduates of the institutions. Measures include:

- Overall quality of education experience
- Teacher quality
- Learner engagement
- Access to learning resources
- Access to student support
- Experience of newly qualified graduates
- Teaching scale
- Skills scale
- Employment outcomes

To access the website, go to www.qilt.edu.au/

Learn about the Aspire program at La Trobe University:

- **Years 10 – 12** If you are engaged in leadership and community service through school and/or in the community you are eligible to apply for the La Trobe University Aspire Generation program. Successful applicants will be supported to participate in a range of volunteer and leadership opportunities hosted by La Trobe in conjunction with various community organisations.

- **Year 12**: Applications for the La Trobe University Aspire Early Admissions program open on Wednesday 1 June for current Year 12 students who plan to study at La Trobe in 2016 or 2017.

For information on both programs and to apply, go to http://bit.ly/1cXetap
UPCOMING EVENTS

JUNE

- Focus on Melbourne University, Arts (7), Design (8), Law (9), Music (14), Fine Arts (15), http://bit.ly/2SAbMUN


- 27 – 30: RMIT Experience Days: Business (27), Science (28), Social Impact (28), Health & Medical Sciences (29), Engineering (30), Marketing & Communications (30), http://tinyurl.com/1c4tUbx


JULY


- 5 - 7: Computer Games Boot Camp, Monash University, Clayton, https://cpbc.monash.edu/

- 6, 7, 8: Experience La Trobe University, Bendigo (6), Melbourne (7), Mildura (8), http://bit.ly/1Tihrxz


- 20, 27: Health Sciences Information Sessions, Deakin University, Geelong (20), Melbourne (27), more information to come.


AUGUST

- 16: Go Girl Go For It, Deakin University, Melbourne, http://gogirl.org.au/

- 16, 18: Monash Information Evenings, Peninsula (16) and Albury (18), Balmsdale (30), http://bit.ly/20wTFdR